

Sonshine Times

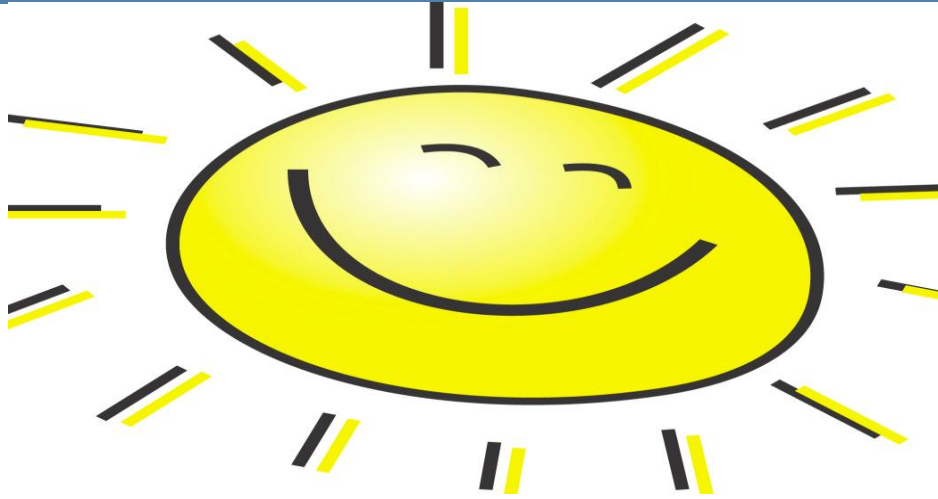
Sonshine Christian Preschool

14515 Harvey Oaks Avenue, Omaha, NE 68144 208-7333

www.sonshinechristianpreschool.org

September 2017

Our mission is to ensure a Christian based, safe, hands-on, developmentally appropriate, fun learning environment that meets the needs of the whole child...physical, spiritual, emotional, social, and intellectual. This is done by providing a variety of experiences in art, children's literature, music, dramatic play, fitness, cooking, and gross motor activities. We provide an environment where children can discover for themselves, become self-directed and independent, and experience activities that will help them grow and develop.



WELCOME!!!

We are so excited to welcome all of you to Sonshine Christian Preschool! It's the start of a new school year and we plan to have lots of fun. Inside and outside playtime, creative art activities, fun finger plays, music and great stories are just a few of the amazing things going on! All of us are parents ourselves, so we understand just how precious these children are. Please don't hesitate to ask any questions or concerns you may have. We want to make both you and your children as comfortable as we can. We look forward to working with you this year!

Tammie Dickens/Director/Teacher

Jolene Fitzpatrick/Teacher, Teachers aide

Jennifer Hammes/Teacher

With school starting, many parents have questions regarding separation anxiety. This is actually the number one concern most parents have, so know you are not alone :) Believe it or not, separation anxiety is natural. It is a sign that your child has developed a healthy attachment to you.

Here are some tips to make it easier, the 3 “C”

Be Confident: If you are nervous about leaving your preschooler they will sense it and your anxiety will heighten their fear, stay calm and reassure them that they are safe.

Be Consistent: Doing the same routine every time you drop your preschooler off at preschool will teach them to trust the routine, easing the fear of the unexpected. A quick hug/kiss and an “I Love You and I will see you after school” is a great way to say goodbye!

Cries Happen: Most of our tears last only minutes after you leave and stop altogether by the first month. Your child will soon learn that each goodbye is followed by your happy return. It won't be long before “I don't want to go to preschool” turns into “I'm not ready to leave!”

PEANUT ALLERGIES

If you have not yet signed up for snack, please do so next week. The snack schedule can be found outside your child's classroom!

PLEASE DO NOT SEND ANY SNACKS THAT CONTAIN PEANUTS OR PEANUT PRODUCTS. WE HAVE SEVERAL CHILDREN WITH PEANUT ALLERGIES AND DO NOT WANT THEM TO BE EXPOSED. Although the children with allergies will be bringing their own snack each morning, we ask that you check ingredients before bringing in food and please send prepackaged snacks with their labels so that we can be assured that we do everything we can to keep our Sonshine children safe. Thanks!

Peanut/Nut Free Snack Idea's

Apples, bananas, grapes

Cantaloupe, watermelon

yogurt

Cheese, crackers'

Carrots, broccoli

****A full list can be found on our front bulletin board****

September Calendar

September 13-Omaha School of Dance for P3, P2 Classes(Hammes MWF/Dickens)

September 20-Field trip to Family FareDay P3, P2 (Hammes MWF/Dickens) Classes only. Parents and siblings welcome to walk with us! Leave Sonshine at 9:30 and hope to return by 10:30.

September 21- Parent Meeting 7pm-8pm

September 25-PJ day all classes-Wear your PJ's to school!

September 27-Bike Day **P3 and P2 Only**

Bring your bike, scooter or bigwheel, helmet and tennis shoes for a fun day of riding bikes at school!

October Calendar

Wed., October 11-Class Pictures

Mrs. Hammes-MWF, P2

Mrs.Dickens P3

Mrs. Fitzpatrick P1

Thurs., October-12 Class Pictures

Mrs. Hammes-TR, P1

October -18-20- No School

Wed. Oct 25 Fall Festival

Mrs. Hammes-MWF, P2-11:30-12:00

Mrs.Dickens P3- 11:30-12:00

Mrs. Fitzpatrick P1- 11-11:30

Thurs. October 26 Fall Festival

Mrs. Hammes-T/Th, P2-11:00-11:30

BUCKETS

Don't forget to send a change of clothes in your child's bucket. We tend to get messy at school or sometimes accidents just happen. Having a change of clothes helps!

Enrollment Forms

The enrollment forms are on our website

www.sonshinechristianpreschool.org. If you haven't already, please print and fill those out and return to school no later than Sept. 15.

Book Orders can be done online!

One of the greatest gifts you can provide to your child is the gift of reading! Scholastic offers a great selection of books for every reading level! Every time you order a book online, Sonshine collects points to purchase books for our library here at school. Just click on the link on our website and register. Use the code **H6LN9** to link your account to Sonshine. Books are ordered on the first Friday of each month.

Wednesday Night at Harvey Oaks Baptist Church

Something exciting is happening here at Harvey Oaks Baptist Church every Wednesday evening!

Harvey Oaks Baptist Church and Eagle Heights Baptist Church are beginning a joint evening of activities for children, families and adults. Each week a meal will be served beginning at 6pm and the cost is \$3.00 per person or \$10.00 per family. Children's programming begins at 6:30 and runs until 8:00pm. Children's programming reaches all ages of children from preschool to high school! Bible study is also available for parents and the nursery is open for infants and toddlers. Parents are encouraged to join their children or there are other opportunities to volunteer or fellowship. Last week the fellowship hall was full of people of all ages! Please RSVP to Pastor Bryan at 402-333-7333! I hope to see you there!

Everyone is welcome!